# **Houle Memorial Education Series 2019**

"Doctor, I want to die, will you help me?": Preparing for Difficult Conversations with Patients Facing Serious Illness

#### Featuring: Timothy Quill, MD

Georgia and Thomas Gosnell Distinguished Professor of Palliative Care Professor of Medicine, Psychiatry, Medical Humanities and Nursing University of Rochester School of Medicine

## Tuesday, September 10, 2019 from 8:00am – 12:00pm MT

Location: Live Online via Zoom or in-person at Project ECHO 1650 University Blvd. NE, Albuquerque, NM

The question of whether severely ill suffering patients are entitled to a medical provider's help to end their suffering by ending their lives has been debated since antiquity. The Hippocratic Oath suggested that this was outside of the ancient physician's professional responsibilities, but even in that time there was considerable disagreement. In the modern era, the possibility of assisted death is further complicated by inequities in the availability of essential medical care, including palliative care and hospice. What options exist for patients facing serious illness? What are the ethical and practical implications of patient requests for assisted death? How might patients and medical providers prepare for these conversations?

**Learning Objectives**: By the end of this activity, participants will be able to:

- 1. Recognize their own personal and professional reactions to patients facing serious illness
- 2. Understand the role of compassion and non-abandonment in maintaining the provider-patient relationship in the face of serious illness
- 3. Identify strategies to broach advanced care planning discussions with patients
- 4. Advocate for essential medical care in patients facing serious illness
- 5. Conceptualize core ingredients of palliative care, hospice, and last resort options
- 6. Formulate a structured approach to patients requesting aid in dying

## Agenda:

- Welcome and Introductions Brant Hager MD
- 8:05 Case Scenario, Clarifying Questions, and Discussion Questions – Timothy Quill MD
- 8:20 Small Group or Paired Discussion of Case Scenario
- 8:30 Plenary Discussion of Case Scenario – All
- Lecture: Addressing Suffering and Non-Abandonment Timothy Quill MD 8:50
- 9:20
- 9:30 Lecture: Broaching Advanced Care Planning Discussions – Joan Gibson
- 9:50 Lecture: Palliative Care and Hospice Approaches to Serious Illness – Lisa Marr MD
- 10:20 Break
- 10:30 Lecture: Last Resort Options Timothy Quill MD
- 11:00 Lecture: Behavioral Health Consultation for Patients Requesting Aid in Dying – Thomas Strouse MD
- 11:40 Questions and Answers All
- 11:50 Case Closure/ Evaluation Timothy Quill MD, Brant Hager MD

## **Registration:**

To register for this event, please click here for the registration link or send an email with the subject line "Houle Lecture" to <br/>
<br/>
bhaecho@salud.unm.edu>.

## Join Online via Zoom

This course will be offered live online via Zoom. Please <u>click here</u> for connection information or email bhaecho@salud.unm.edu.

#### **Continuing Medical Education Credits Available**



The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical ACCME Education to provide continuing medical education for ACCREDITED WITH physicians. The Office of Continuing Medical Education designates this live activity for a maximum of 3.5 AMA PRA Category 1 Credit(s) ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For more information, please contact: Brant Hager, MD, ohager@salud.unm.edu



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